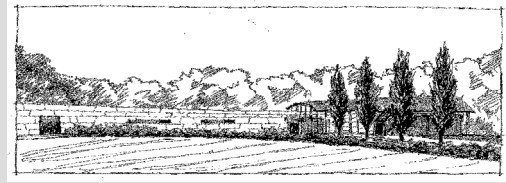


CONGREGATION B'NAI YISRAEL is the Jewish home we share. We are a community creating positive experiences with individuals of every age. CONGREGATION B'NAI YISRAEL is our spiritual center, where together, our family of families celebrates, commemorates, worships, learns, nurtures, gives, and grows. We constantly strive to achieve the beauty that comes from experiencing the world through Jewish eyes.



CONGREGATION B'NAI YISRAEL

2 Banksville Road • Box 7 • Armonk, NY 10504 • www.cbyarmonk.org

The Bulletin

May/June 2011

Nisan/Iyar/Sivan 5771

NURTURING OUR JEWISH IDENTITY

Adult Study: Mostly Psalms

Wednesdays, May 4, 11, 18, 8:00 p.m.

Rosh Chodesh Luncheon and Study Group

Friday, May 6, 12:00 p.m.

Mah Jongg Luncheon

Wednesday, May 11, 11:00 a.m.

Text in the City

Wednesday, May 11, 12:00 p.m.

Early Service

Friday, May 13, 6:30 p.m.

Rosh Chodesh Luncheon and Study Group

Friday, June 3, 12:00 p.m.

Confirmation Service

Tuesday, June 7, 8:00 p.m.

NURTURING OUR JEWISH IDENTITY

Annual Meeting

Thursday, June 9, 8:00 p.m.

Blood Drive

Tuesday, June 14, 3:00-9:00 p.m.

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THE DEATH OF MY FATHER AND THE MEANING OF PASSOVER: REFLECTIONS

Language is a city, to the building of which every human being has brought a stone, yet each of us is no more to be credited with the grand result than the aculeph which adds a cell to the coral reef that is the basis of the continent.

—Ralph Waldo Emerson

Poverty should be defined in terms of those who are denied the minimal levels of health, housing, food, and education that our present stage of scientific knowledge specifies as necessary for life as it is now lived in the United States.

Poverty should be defined psychologically in terms of those whose place in society is such that they are internal exiles who, almost inevitably, develop attitudes of defeat and pessimism, and who are therefore excluded from taking advantage of new opportunities.

Poverty should be defined absolutely, in terms of what [hu]man and society could be. As long as America is less than its potential, the nation as a whole is impoverished by that fact. As long as there is the Other America, we are, all of us, poorer because of it.

—Michael Harrington, *The Other America*, p.175

Let all who are hungry come and eat.

כל דכפין ייתי ויכל

—*The Haggadah*

Just over a month ago, there were seven days between the time my father was felled by a powerful stroke, and the time when, in the care of compassionate hospice nurses and with the love of our family gathered at this bedside, his body died. During the days since we lost our father, and over the course of these past weeks, many thoughts about being a father, a vulnerable human being, and the nature of being a loving person, have come into my mind. Surely, the gift of powerful love is the gift of intense vulnerability.

continues on page 2

THE DEATH OF MY FATHER AND THE MEANING OF PASSOVER: REFLECTIONS

The vulnerability is manifest in the void of loss. The void in our lives is the profound blessing created by the loss of our parents who raised a family, and who had certain expectations for their children. Our parents expected us to work hard. We were to study. We were to play. There would be a reward for our work: careers that might be fulfilling and lead to a life of meaning. The world in which we grew up is not the world we experience now.

Now two of our parents' three sons are grandparents themselves. Many of the thoughts that have come to my awareness during these past weeks are centered around that generation of Americans who raised children during the 1950s and 1960s. That generation gave us many gifts. That was the generation rooted in a culture of sacrifice. After December 7, 1941, our father lied about his age and enlisted in the Navy well before his 18th birthday. Our father attended college and served in the Navy at the same time. Service in pursuit of the common good was as important as a college education. While in college, our mother was a nurse's aide. Whatever hopes and ambitions they had at the time were set aside because they were called upon to serve, to give, to work not for their own personal rewards, but in pursuit of a common good. That was the cultural ethic of our household: community service. The language of community service is, as Emerson had suggested, that which we do without the need to be given specific credit for our work.

During the 1930s, our grandfather purchased land from the railroads for next to nothing. That land was located north of Palm Springs and near Twentynine Palms, California. After our grandfather's family's retail business was closed down, the business of the family became real estate. Subdividing and developing that land was our father's principal business. When I was eighteen, with the help and encouragement of our parents, I purchased a small parcel of land near Twentynine Palms. While I was beginning college, I was making monthly payments on that land. I then received a tax bill. I don't think the taxes were more than \$25.00. But I asked our father about paying taxes. Our father explained to me that there was a time in our world when people paid their taxes to a king, but we were privileged to live in a society where we had a voice in how our tax money was to be spent. He taught me: "Paying taxes in a free country, where we have a voice and a vote in how those tax dollars are spent, is the greatest privilege in human history." Taxes are for the common good, to support a school district, to education people we didn't know or would never meet. I sold that property a few years later for a small profit, and was taught about the virtue of saving and investment.

We were taught during family meals, and at other opportunities, to become men of the West—that is to say, there was an expression that Irving Stone would use as the title of a book: Give me men to match my mountains. Those were the dreams of our parents, children of immigrants from Eastern Europe and Russia. So many of those dreams were magical for our parents. They revered Franklin Roosevelt and the New Deal. The New Deal meant a national awareness of those who were hungry or were in search of work. That New Deal provided people with good work. Men and women could help build the trails in the National Parks as a part of the Civilian Conservation Corps. A special public works program hired American artists, including many great ones, to beautify public spaces; one was Ben Shahn, whose work is found in the ark in our sanctuary, embroidered on our Torah covers. But most importantly, people were entitled to a measure of dignity in their old age. Access to quality health care was a right, not a privilege. Living our lives in old age with a huge measure of dignity was a right, not a privilege. Everyone, notwithstanding the color of their skin, or perhaps they were not gifted with a powerful work ethic, was no matter what entitled to an old age characterized by dignity. That is how our parents defined for themselves and for their children the common good.

Our family lived on a modest budget that included a measure of saving and a measure of giving to others. Our budget was a reflection of our family values. Our nation's budget was a reflection of our national values, deeply rooted in a concept of social justice. We knew about Michael Harrington's work, *The Other America*. Poverty was our enemy. Poverty was what we worked to overcome in order to ensure minimal levels of health care, housing, food and education for all of the citizens of our country, and indeed for all of those who live in our world. Working to fight poverty—overcoming the psychological barriers of those who did not have the gifts of our family, to provide for them the possibility of opportunities—was a part of our ethic. As long as our country was less than an ideal potential to pursue the common good, then we were all of us poorer for that ugly reality.

THE DEATH OF MY FATHER AND THE MEANING OF PASSOVER: REFLECTIONS

That was the foundation of the culture of the person I am, that I brought with me when I moved to New York to pursue my career as a rabbi. In my office, there is a picture I look at every day to remind me of who I am. I have spoken and written about that photograph before. The photograph is of a yellow flower that grows on a beautiful brae, a beautiful hillside in Sequoia National Park, on the High Sierra trail created by the Civilian Conservation Corps, between Bear Paw Meadow and Lone Pine Creek. The name of that delicate and powerful flower is a Western Bleeding Heart.

My aching heart today bleeds for those whose hunger is born of poverty, those whose hunger knows not the hopes that were entertained around our family dinner table. Those are the hopes expressed so powerfully during our Passover Seder, when we read those extraordinary Aramaic words, words in the vernacular of our ancient culture: Let all who are hungry come and eat. Let all share the bounty of the common table, our common good. That is the reality in which we discover the freedom, the hope, the meaning of redemption in our religious tradition. Either we all discover redemption together, or no one of us is redeemed. So long as there is hunger in our world, we are all of us poorer because of that painful reality. That is the meaning of Passover.

As I write these words, I am deeply aware that our father will not be seated at a Seder table with any of his children for the first time in our lives. So when we read those powerful words, "Let all who are hungry come and eat," we are now obligated, more profoundly than at any moment in our lives, to pursue the common good so that all may be free from the chains of degradation, and the indignities of hunger.

We have lost track of the pursuit of the common good, of that kind of mutual dependence that was so much the center of our parents' lives, and the values of our family when we were boys during the 1950s.

—*Rabbi Douglas E. Krantz*

OUR COMMUNITY WILL STUDY

May 6 – Exploring the Ethics of our Ancestors
May 13 – Exploring the Ethics of our Ancestors
May 20 – Exploring the Ethics of our Ancestors
May 27 – Exploring the Ethics of our Ancestors
June 3 – Exploring the Ethics of our Ancestors
June 10 – Summer Thoughts
June 17 – First Summer Service

OUR CLERGY IN THE COMMUNITY

In February, Rabbi Krantz participated in an Ethics Committee meeting of the Central Conference of American Rabbis, and led the discussion in the one case in which he is acting as chair of the Ethics Committee.

Rabbi Krantz attended a day-long meeting of the Board of Trustees of the New York Theological Seminary on which he serves.

Along with Sgt. James Cuffe of the North Castle Police Department, Rabbi Krantz helped teach the CPR classes at the temple on two Sundays in March.

With some 2,500 others, Rabbi Krantz attended the J Street Conference in Washington, D.C. Rabbi Krantz was one of a small group which founded J Street's three years ago, and the organization has now grown to 170,000 self-identified members.

Rabbi Krantz attended a special J Street meeting in Westchester, a discussion between Ari Fleischer, former Presidential Press Secretary, Congresswoman Nita Lowey, and Daniel Levy, who has negotiated on behalf of Israel, and who spoke at our temple in December. The event was held at Temple Israel in New Rochelle.

Rabbi Krantz delivered a lecture and led a seminar at the New York Theological Seminary, part one of a two-part lecture series on Judaism. Part one was about "The calendar as our catechism in Judaism." Parts of the lecture were translated into Korean, because the lecture was to a group of Korean seminarians studying in New York City.

Rabbi Krantz attended the celebration of Rabbi Leonard I. Beerman's 90th Birthday at Leo Baeck Temple in Los Angeles. Rabbi Leonard Beerman has been the Krantz Family rabbi since 1954. He has been an extraordinarily precious and significant role model for Rabbi Krantz.

INCOGNITO

Have you ever walked down the street in Manhattan and saw someone obviously trying to hide in broad daylight? You know the “star” get-up, and so do the paparazzi: baseball cap, over-size sunglasses even when it’s rainy, non-descript blue jeans, hair in ponytail? I saw someone dressed like this the other day, and I immediately began sleuthing to discover who was behind the dark glasses. Was it Kevin Spacey? Live Schreiber? Wait! He took off his glasses and cap! It’s...nobody of Hollywood importance? What a let-down. Well, I supposed, he’s somebody of importance to **SOMEBODY!** As I continued my walk, I started to think about what it means to be incognito, and particularly, what it has meant to Jews over time.

There have certainly been periods of time when Jews have literally had to go under-cover, most notably, the crypto-Jews (also known as conversos, marranos, anusim, etc.) who were forced to convert or die for their faith, particularly during the Spanish Inquisition. Many clung tightly to as many Jewish practices as possible, lighting candles in basements and eating matzah during Passover in their homes. It has always intrigued me that there are still those who follow these and other Jewish rituals because their parents and grandparents taught them to, but still not knowing the reason why. Following this chain of thinking, several examples of “hidden Jews” came to mind, but from much further back in our people’s history. With Passover on my mind, I thought of Moses, living as a secret Jew, but outwardly the adoptive daughter of Pharaoh’s daughter. And then yet another well-known example came to mind: Joseph, having been sold into slavery by his brothers, kept his Judaism secret while rising in the Egyptian administration until he was a high-ranking leader. Perhaps, I thought, Joseph and Moses were not quite ready to step out into the open and into their life stories as leaders of the Jewish people. Meanwhile, Jews around the world are currently counting the days of the “omer,” the period of time between Passover and Shavuot, when our congregation will mark the giving of the Torah by confirming our 10th graders.

“Omer” is a measure that was used in the harvest season in ancient Israel. Since the harvest occurred at this time of year as well, the term became associated with this period, and evolved into the practice of counting the days, which is to literally say aloud each day, “Today is X days, which is X week and X days of the Omer.” We are commanded twice in the Torah to count these days, and they intentionally lead us from the story of the Exodus from Egypt, to the revelation of the Torah. But when something is revealed, thought I, then logically it was previously hidden. Using this logic, I could draw the conclusion that perhaps the Israelites were not yet ready to hear and accept the Torah. It is difficult for me to imagine what it must have been like to be an Israelite prior to the giving of the Torah. I can picture the following: no rules, following a leader who might as well have been self-appointed, and barely anything to eat or drink...wandering through the desert...no end in sight. I can assure you that I would have been a very testy Israelite! They waited to arrive in the Promised Land. They waited for the Torah. They waited for the harvest. Then, as now, one must wait for crops to grow and ripen, and so our ancestors waited, growing ourselves to be prepared and open to accept the words of Torah. (So have I watched our young people grow and mature, soon to be confirmed at our Shavuot service, I might add.) I am reminded of the quote, “Good things come to those who wait.” With that said, though, while sometimes we know what awaits, often the path ahead is murky, long, and frightening. And so we rely on our counting, one day at a time, to deliver us to our futures. In the meantime, we can only try to grow and ripen in preparation for the harvest and revelation. I hope that these days of the omer and beyond, are days of growth, ripening, and revelation for us all.

Musically Yours,

Hayley

RELIGIOUS SCHOOL SCHEDULE 2011-2012

3rd Grade	Wednesday	3:30-5:30 p.m.
4th Grade	Thursday	3:30-5:30 p.m.
5th Grade	Tuesday	3:30-5:30 p.m.
6th Grade	Monday	3:15-5:30 p.m.
7th Grade	Wednesday	6:00-7:30 p.m.
8th-12th Grade	Tuesday	6:00-8:00 p.m.

*We cordially invite you to attend
Confirmation Services on Erev Shavuot
Tuesday evening, June 7 at 8:00 p.m.*

Confirmation Class of 2011

*Spencer Gordon
Sarah Horowitz
Allison Katz
Ari Shechtman
Matty Siegel
Rebecca Wolstein*

Congratulations to the confirmands and their families



Adult Study: Reading Judaism

MOSTLY PSALMS

a little Maimonides

Our course of study is designed to convey the nature, breadth and depth of the biblical literature, both through the eyes of the Rabbinic tradition, and our modern understandings of biblical criticism.

We will explore the compelling urgency of our biblical narratives, and how they inform our intellectual and spiritual awareness of ourselves in relationship to others.

We will discover the transformative nature of the ancient text that will help us nurture, develop, sharpen our insight, and deepen our understanding of ourselves and our lives.

Wednesdays, May 4, 11, & 18

8:00 p.m.

Questions? Contact Rabbi Krantz at 273-2220 or
rabbikrantz@cbyarmonk.org



CRACK! BAM! DOT!

MAH JONGG FUN!!

Join us for an afternoon of Mah Jongg and Lunch
with friends at Congregation B'nai Yisrael

Wednesday, May 11
11:00 a.m.-2:00 p.m.

Lunch at noon • \$36 per person

All levels are welcome!
Instruction available for beginners

Bring a friend or a foursome

Questions? Contact Sari Deutsch at sarideutsch@gmail.com

Event Chairs: Sari Deutsch • Jocelyn Deutsch • Debbie Tantleff

CBY MAH JONGG LUNCHEON RSVP

Name _____

Email _____ Phone # _____

_____ x \$36 = _____ Level of Play _____
of players

Names of Guests _____

Please send a check made payable Congregation B'nai Yisrael to return to 2 Banksville Road, Box 7, Armonk, NY 10504 or pay by credit card:

Type of Credit Card: AmEx Visa Mastercard

Name _____ Card Number _____

Signature _____ Exp. _____



EARLY SERVICE



In addition to our 8:00 p.m. service

Fridays evenings at 6:30 p.m.

May 13

Once a month, we will share in an earlier Friday service in a different time frame. This early service enhances our communal worship by allowing us to explore new modes of worship together.

Help CBY and the Community Center of Northern Westchester support the

PROM DRESS DRIVE



Help us by donating gently-used prom dresses, shoes, and accessories

Donations will be distributed by the Community Center of Northern Westchester to high school seniors who would otherwise be unable to attend their prom.



Drop off donations at the temple by

Tuesday, May 31

For questions, please contact Deborah Cerar at dmcmd@optonline.net.

ANNUAL MEETING

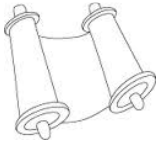
Thursday, June 9
8:00 p.m.

BLOOD DRIVE

at Congregation B'nai Yisrael

Tuesday, June 14
3:00-9:00 p.m.

Sponsored by the Caring and Social Action Committee.



Saturday Morning

TORAH STUDY

9:00-9:45 a.m.

Every non-holiday Shabbat morning, our clergy leads an informal, participatory discussion of the week's Torah portion.

Come every week, or just once in a while; bring your breakfast and an open mind.

Look for us in the library.

WORK IN NYC? EAT LUNCH ON WEDNESDAYS?

Join our clergy for TEXT IN THE CITY

A **monthly** opportunity in midtown to connect with Congregation B'nai Yisrael, Jewish tradition and the side of your brain not occupied with your PDA.

May 11

This year we'll be focusing on The Book of Blessing: Mishnah Berachot. Our discussion will include:

- the role of prayer
- forms of Jewish worship
- spiritual intention
- spontaneous prayers
- the places we worship



Thank you to our hosts, Pryor Cashman LLP located at 7 Times Square, NYC

Lunch will be served, maximum 20 people.

RSVP to Alicia in the temple office at alicia@cbyarmonk.org no later than the Tuesday prior.

Security precautions require that you show photo ID to be admitted to the building.

Rosh Chodesh Celebrations

Food to Eat and Food for Thought



We are a grassroots gathering of women who meet each Hebrew month to celebrate the new moon. We serve lunch, get to know each other, and share in informal programs focusing on Jewish and/or women's issues.

Rosh Chodesh is a special holiday where we find peace, enrichment, and sisterhood. Join us on

Fridays at noon, once a month • Iyar–May 6 • Sivan–June 3

Please RSVP if you plan to attend, so we can plan for lunch—or call with any questions.

Carolyn Salon 273-8281 or Pearl Vogel 769-7170



Join Rabbi Seth Limmer
and Congregation B'nai Yisrael
on an amazing journey to

ISRAEL

February 15 - 26, 2012



THIS SUPER DELUXE TOUR INCLUDES:

- 6 nights at the King David in Jerusalem
- 3 nights plus late check-out at the Sheraton Hotel in Tel Aviv
- All touring in a deluxe air-conditioned motorcoach with an English-speaking guide
 - Breakfast daily
 - 5 Dinners including Shabbat
 - Babysitter throughout
- Group transfers + airport assistance upon arrival + departure
 - Entrance fees per itinerary
 - Portage
- Tips to Guide, Driver and Waitstaffs

\$3,849.00 Land Only

Per person, based on double occupancy

***\$659.00 Base Airfare**

Airfare is before fuel surcharge/tax, estimated at \$615.95, subject to change until ticketed

HIGHLIGHTS INCLUDE:

In Depth Tour of Jerusalem's Old City including the fascinating Western Wall Tunnels
Tower of David Sound & Light Show
Historic landmarks including the Palmach Museum and Independence Hall
Moving visit to Yad Vashem
Masada, the Dead Sea
"Hands-on" Archeological dig
The Mystical City of Safed
Ancient ruins at Caesarea
... AND SO MUCH MORE!



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Day 1, Wednesday, February 15, 2012: DEPARTURE -Depart the United States on our overnight flight to Israel.

Day 2, Thursday, February 16, 2012: ARRIVAL IN ISRAEL - Afternoon arrival into Ben Gurion Airport...Meeting and assistance by our Ayelet Representative...As we make our way to Jerusalem, we stop atop Mt. Scopus to recite a special 'Shehekianu!' blessing as we overlook the City of Gold... Check into our hotel with time to freshen up before joining together for our welcome dinner at Darna restaurant...Overnight Jerusalem.

Day 3, Friday, February 17, 2012: EXPLORING JERUSALEM—Breakfast...Morning visit to Ir David, the original City of David, foundation of Jerusalem... Continue to the Davidson Center at the Southern Excavations, where through multi-media exhibitions we learn about the construction and history of the Temple Mount area...Tour the Western Wall Tunnels before strolling through the Roman Cardo, now filled with beautiful shops and arts... Option to visit the Western Wall to welcome Shabbat with the people of Jerusalem before we enjoy Shabbat dinner at Dolphin Yam...Overnight Jerusalem.

Day 4, Saturday, February 18, 2012: SHABBAT SHALOM! - Breakfast...Shabbat Shalom!...Today we enjoy a walking tour of the Old City which includes the Jewish Quarter, Arab Market ("shuk") and Christian Quarter. We learn about the many ancient landmarks as we walk along the stations of the Via Dolorosa, ending at the Church of the Holy Sepulchre...Visit the Israel Museum with the model of Jerusalem in the time of the second temple...Enjoy free time for dinner on own before we join together to view the Tower of David Sound and Light Show this evening (9 pm showing preferred – subject to confirmation) ... Overnight Jerusalem.

Day 5, Sunday, February 19, 2012: THE DEAD SEA BASIN—Breakfast...Depart Jerusalem and travel south towards the Dead Sea. Stop for a camel ride along the way ... Continue to Masada, where we ascend the desert plateau to view the remains of King Herod's palace and fortifications, and hear the story of the Jewish Zealots' last stand against the approaching Roman armies...Continue to the Dead Sea, where we have time to enjoy the mud baths and an unsinkable swim in the salty waters...Travel back in time to Eretz Beresheet for dinner in the desert!...Overnight Jerusalem.

Day 6, Monday, February 20, 2012: DIGGING INTO HISTORY - Breakfast...Travel to the Beit Guvrin region to take part in a "hands-on" archeological dig...Continue to Neot Kedumim, the Biblical Nature Preserve, where we explore the landscapes of the Bible, and the many flora and fauna still present in the land today. Here we learn about the Seven Species and have the chance to try our hand at making Olive Oil...Return to Jerusalem to spend the evening at leisure...Overnight Jerusalem.

Day 7, Tuesday, February 21, 2012: REMEMBERING OUR PAST - Breakfast...Meeting with Anat Hoffman at Beit Shmuel to hear about the work the Israel Religious Action Center is doing on behalf of liberal and Progressive Jews everywhere...Walk through the HUC campus with Rabbi Limmer...Continue to Machane Yehuda where we take in the sites and sounds of the marketplace...Next we visit Yad Vashem, Israel's memorial to the Holocaust, where we view the many moving exhibitions including the Hall of Names and the Avenue of the Righteous Among the Nations...Enjoy the remainder of the day at leisure...Overnight Jerusalem.

Day 8, Wednesday, February 22, 2012: THE NORTH - Breakfast...Travel through the Jordan Valley Rift to the ancient ruins at Beit Shean... Continue to Safed, the center of Kabbalah study and practice, where we visit the Ha'ari and Caro synagogues and have time to shop among the many artist studios and galleries. Stop along the way for dinner on own as we make our way down to Tel Aviv for check in and overnight at our hotel along the Mediterranean coastline.

Day 9, Thursday, February 23, 2012: THE COAST - Breakfast... This morning we visit Independence Hall, site of the 1948 signing of Israel's Declaration of Independence... Continue to the Rabin Museum... Next we explore the Palmach Museum, where we "join up" with the paramilitary forces from Israel's pre-Statehood days...Stop at the Ayalon Institute, where we discover the underground ammunition factory that played a pivotal role in Israel's fight for Independence...Overnight Tel Aviv.

Day 10, Friday, February 24, 2012: TEL AVIV - Breakfast... Begin our day at Caesarea, where we view the amazing Roman ruins, including the Roman Theater and the aqueduct...Return to Tel Aviv where we stroll through the street fair at Nachalat Binyamin, filled with artisans displaying their wares... Shabbat dinner at Kehilat Yonatan with Rabbi Mickey Boyden... Overnight Tel Aviv.

Day 11, Saturday, February 25, 2012: SHABBAT SHALOM! - Breakfast...Shabbat Shalom!...Enjoy the day at leisure – we suggest a visit to the nearby Hatachana – a formal railway station converted into a shopping and dining facility...Farewell dinner this evening before transferring the airport to meet our flight back to the United States.

Day 12, Sunday, February 26, 2012: ARRIVE HOME - We arrive home in the United States.

The Memories Last Forever!!!

*Itinerary subject to change

Tour does not include: Airfare (listed separately). Departure taxes and fuel charges (currently \$616.00 - subject to change until ticketed), any border taxes or visa fees, travel insurance (HIGHLY RECOMMENDED), any additional fuel surcharges and taxes imposed by the airlines at time of ticketing, or items of a personal nature. **The single supplement cost is \$1,699.00 per person.** For participants sharing in a triple room (must have at least 1 child under 18 in room) subtract \$300.00 per person from the cost of the tour. CANCELLATION POLICY: \$100 per person charged if cancelled once booked, plus any applicable airline penalties. \$250 per person charged if cancelled 60-31 days before departure, plus any applicable airline penalties. 100% penalties apply if cancelled 30 days or less before departure.* **Please note: This Land-only price reflects a cash discount and is only for payment by cash or check. If you want to pay by credit card, the price of the main tour is \$3965.00 per person, \$1,750.00 single supplement and \$679.00. for base airfare**

Disclaimer: Ayelet Tours, Rabbi Limmer and Congregation B'nai Yisrael act only as agents for the tour members in making arrangements for hotels, transportation, touring, restaurants or any other services in connection with the itinerary. We will exercise reasonable care in making such arrangements. However, we do not assume any liability whatsoever for any injury, damage, loss, accident, delay or irregularity to person and property because of an act of default of any hotel, airline carrier, restaurant, company, or person rendering any of the services included in the tour. The right is reserved to cancel or change itineraries or to substitute comparable service without notice. The right is reserved to decline to accept or retain any tour passengers should such person's health or general deportment impede the operation of the tour to the detriment of the other tour passengers.

Yes, we want to travel on this amazing Tour to Israel with Rabbi Limmer and Congregation B'nai Yisrael!

I am sending this form with my \$500 per person deposit!

Land & Air

*Please include a copy of the front page of each person's passport.

Land Only

Name as it appears on passport: _____

Address: _____ City: _____ State: _____ ZIP: _____

Passport No.: _____ Expiration: _____ Date of Birth: _____

Phone: _____ Email: _____

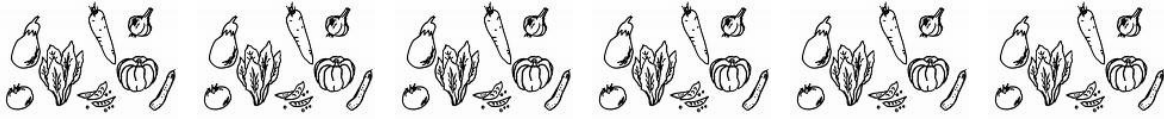
Sharing with another registrant (registering separately)? Please note name here: _____

I prefer to pay by credit card:

__Mastercard __Visa __Discover __AmEx # _____ Exp: _____ Sec Code: _____

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ROXBURY FARM ORGANIC FOOD SHARES

Have you walked into the lobby Wednesday afternoon during harvest season and been surrounded by the wonderful scent of basil and other fresh produce?

BUY A SHARE IN ROXBURY FARM THIS YEAR!

Receive fresh organic vegetables, and provide direct support to a bio-dynamic New York farm.

- ** There are a limited number of shares. SIGN UP SOON!
- ** Vegetable share price is \$571 for 25 weeks. Shares may be split but one member is individually responsible for managing the split.
- ** Fruit share price is \$70 for 22 weeks of locally-grown fruit (*not organic*).
- ** Pick up time is Wednesday, 5:45-7:00 p.m.
- ** All shareholders are responsible for helping one evening (about 3 hours) during distribution throughout the 25 week period. Part of the volunteer job is to bag and deliver surplus vegetables to Neighbors Link in Mt. Kisco.
- ** All communication is via e-mail. In addition, e-newsletters are sent by the Farm each week that give news of the Farm, and provide recipes and tips for storing and preparing produce.
- ** Shareholder families are encouraged to visit the farm.

Print out an application form from the Roxbury Farm website, www.roxburyfarm.com, and mail it to them with your check, or contact Rosie in the temple office: 914-273-2220, rosie@cbyarmonk.org

B'NAI MITZVAH STUDENTS

May/June 2011

Ryan Kovensky

May 21

I am very excited that my bar mitzvah is at the end of May. I have learned many things in preparing for my bar mitzvah that I am proud of. One thing I have learned about being Jewish throughout preparing for my bar mitzvah is that in becoming a bar mitzvah you take on responsibility for yourself and for others around you. For example, I am helping this boy at the Pleasantville cottage school named Michael. What I do is every week is that I go and spend one hour with him. In this hour I spend 30 minutes tutoring him and then we play games for the rest of the time. The purpose of this is to form a bond with the kid your with so he can feel really close to someone and have something to look forward to. Recently I have also had the opportunity to help my Zayde by raising over \$50,000 for pancreatic cancer research. My family is a very important part of my life and when we recently found out that he had this cancer it was important to me to try to help find a cure. One thing I like about my family is that my parents make sure that my two younger brothers and I do a lot of things to help out other people. Even though I sometimes may want to do other things, I always feel good about it after doing it.

Mallory Siegel

May 21

As my bat mitzvah approaches, a few things come to mind. I think about how challenging this experience has been and how eye opening it has been. Learning and mastering my Hebrew has taken a lot of hard work and determination. At times, it has been frustrating. Really in life hard work and determination can get you anywhere you want to go. I am a dancer and when there is a new turn or jump, I need to work hard to achieve it. I am a dancer, a soccer player, a volleyball player, a basketball player and a friend. I also love to go to summer camp. This journey has been exhausting yet exhilarating. I can't wait until my bat mitzvah day to be together with everyone I love so much!

Eli Dworetzky**May 28**

I discovered that one aspect of being Jewish means to help others in need. The mitzvah project I chose was Guiding Eyes for the Blind. It was meaningful to me because I helped raise money, and saw how guide dogs give the blind independence. This was an experience that helped me understand the importance of my Jewish education. I will continue to help people as a Jewish adult. I like to play basketball, tennis, study the piano, and enjoy spending time with my older brother Aaron. In the summer, I go to Crane Lake sleep away camp, a Jewish reform camp. It lets me experience what it is like to live in a Jewish community. I want to thank my Mom and Dad for all the love and support they give me.

Ben Miller**May 28**

Throughout my five years learning about the Jewish Religion, I have come across many things that stuck and that I feel are important. The most important thing however is how it is so important to stay with your religion and to keep going to temple. This is so important because no matter how many friends, or hobbies that you have, and no matter how long you have your family, if you stick with it, the Jewish religion will always be something that you can rely on. I've always been able to focus on my schoolwork and I've always tried to do my best in whatever it is that I'm doing but the one thing that I feel is so important is to work hard and persevere with is my bar mitzvah. This is because it means so much to me that I do well and I really want to do the best that I possibly can, so in a way this is much like a new beginning, because I've never felt so strongly on doing so well before. One thing is for sure, as a teenager I will not forget about temple and the Jewish religion, so I will most definitely be going to temple quite often after my bar mitzvah. I have two brothers, Tyler, and Alec, one sister, Marissa, and my parents. I also have three dogs. I play lacrosse and I love to play the piano. To me, becoming a bar mitzvah is becoming a man, you are given more responsibility, and are better respected.

Andrew Gevertz**June 4**

While going through the steps to becoming a bar mitzvah I learned that it's not all about the hype of the party you have, it's about the honor of being able to read the Torah and enter the stage of adulthood. Over the past few months I have trained very hard by reading my prayers and Torah portion endlessly. It has helped me understand what being a bar mitzvah is about. As a Jewish teenager I have learned much about the holocaust. I am very interested in this topic and I want to focus on learning more. I love to play many sports especially soccer, and have a good time with my friends and family. I am thankful for having such a supportive family with my two brothers Justin 17, and Willie 19, and my Mom. I am excited to become a bar mitzvah and to begin a new phase in my life.

Brian Singer**June 4**

I realized several things about being Jewish before my bar mitzvah. I realized that being Jewish is not all about celebrating holidays and fasting. It is a culture that will be with me the rest of my life. I have learned to be proud of my heritage. I found that I have also learned a great deal from temple and the Rabbis. I live with my parents, a brother, a sister, and 2 cats. I would like to thank my whole family for their support, and my 2 cats for studying Hebrew on my lap with me.

Brian Singer and Matt Schwimmer are collecting soccer equipment for The Great Football Giveaway and Peace Passers. The charities are collecting used soccer equipment for poor children in Africa. A collection box is at the temple. Thank you for helping!

Zoe Kreutzer**June 11**

Becoming a bat mitzvah means so much to me, Zoe Kreutzer, and my family. I have discovered that it is so important to be a part of a religion and a temple. When I started practicing for my bat mitzvah, I realized that I must work hard and practice every night in order to do well at my bat mitzvah. I am very proud to be chanting my Torah portion and I cannot wait to chant it at my service. My parents have supported me through the whole process and it has really helped me get through it. When I become a Jewish teenager I want to learn more about how to be a better Jewish person.

Zoe Tolz**June 11**

Over the past few years of going to Hebrew School I now understand the concept that it is not entirely just to learn a language or a lifestyle. It is a complex idea of learning about the background and knowledge of Judaism and learning what a bat mitzvah is all about! It is not about the party but about becoming a bat mitzvah and being in the temple and having the wonderful opportunity of reading from the Torah. I have loved going to Mount Kisco Child Care Center every Wednesday to work in the infant room and play with the kids. The teachers are also kind and very caring towards the kids. I had a great time preparing for my bat mitzvah, and I actually learned all the prayers and my Torah portion without having too much stress. What I like to do is dance, sing, go to camp, hang out with friends, cook, and play field hockey. I have supportive parents, and I also have wonderful, but annoying, twin siblings: Eli and Hannah. My family is amazing, funny, short and great. I love to be with them.

IN OUR TEMPLE FAMILY

Congratulations to:

Marilyn and John Heimerdinger, on the naming of granddaughter Violet, daughter of Josh Wilkes and Jenn Sparrow

In Memoriam:

Elle Schneider, mother of Steven Schneider

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Traci and Stewart Berliner, in honor of the bat mitzvah of their daughter, Jacqueline

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Traci and Stewart Berliner, in honor of the bat mitzvah of their daughter, Jacqueline

To Cantor Kobilinsky's Discretionary Fund from:

Ina and Stanley Lane, in honor of the Cantor's Concert
Traci and Stewart Berliner, in honor of the bat mitzvah of their daughter, Jacqueline

OUR TREE OF LIFE

Our Tree of Life is now installed on the temple wall across from the library.

Leaves are available for purchase.

For an order form, please contact Alicia Allison at alicia@cbvarmonk.org or (914) 273-2220.

Mark Broomer	Bar Mitzvah	December 5, 2009
Brett I. Cohen	Bar Mitzvah	December 6, 2003
Jason N. Cohen	Bar Mitzvah	April 22, 2006
Victoria A. Cohen	Bat Mitzvah	November 27, 2010
Maxwell Dichter	Bar Mitzvah	April 24, 2004
Jeffrey Dichter	Bar Mitzvah	November 4, 2006
Bill, Kathy, Max, Jeff Dichter	Our Family Trip to Israel	December 2007
Emily and Jacob Eisenberg	B'nai Mitzvah	December 11, 2010
Sydney Paige Ezratty	Bat Mitzvah	October 3, 2009

OUR TREE OF LIFE

Matthew Fox	Bar Mitzvah	December 16, 2000
Julia Fox	Bat Mitzvah	November 26, 2005
David Friedlander	Bar Mitzvah	April 14, 2007
Alexandra Friedlander	Bat Mitzvah	April 4, 2009
Danielle Ryan Ganis	Bat Mitzvah	December 7, 2002
Eric Philip Ganis	Bar Mitzvah	June 10, 2006
Claudia Greenspan	Bat Mitzvah	October 2, 2010
Jamie Greenfield	Bar Mitzvah	May 16, 2009
Ben Marcus Grossman	Bar Mitzvah	December 25, 2008
Eric Marcus Grossman	Bar Mitzvah	February 10, 2007
Nate Marcus Grossman	Birth	June 23, 2009
Oliver Marcus Grossman	Bar Mitzvah	December 27, 2010
Marilyn and John Heimerdinger	21st Wedding Anniversary	April 2, 2010
Hazel Sloan Henderson	Birth	March 8, 2011
Danielle Hoffman	Bat Mitzvah	March 25, 2006
Nicole Hoffman	Bat Mitzvah	January 23, 2010
Allison Jacob and Eric Meltzer	Marriage	October 18, 2008
Carrie Jacob and Jason Gold	Marriage	June 12, 2010
Bonnie and Neil Katz	20th Wedding Anniversary	January 12, 2011
Ashley Kobre	Bat Mitzvah	September 24, 2011
Michelle Alison Konstadt	Bat Mitzvah	September 29, 2001
Debra Emily Konstadt	Bat Mitzvah	September 28, 2002
Barrett S. Lane	Bar Mitzvah	September 16, 2000
Darren S. Lane	Bar Mitzvah	March 27, 2004
Gray Levien	Bar Mitzvah	May 7, 2011
Ivy Levien	Bat Mitzvah	June 13, 2008
Gabrielle Levy	Bat Mitzvah	December 20, 2010
Lily Benjamin Limmer	Birth	November 15, 2005
Rosey Esther Limmer	Birth	May 2, 2003
Rabbi Seth Limmer	First Decade at CBY	June 2010
Erica Mack	Bat Mitzvah	January 17, 2009
Lance Mack	Bar Mitzvah	February 9, 2008
Cookie and Harris Markhoff	50th Wedding Anniversary	June 25, 2010
Benjamin Miller	Bar Mitzvah	May 28, 2011
Marissa Miller	Bat Mitzvah	May 30, 2009
Andrew Neporent	Bar Mitzvah	October 9, 2004
Jeremy Neporent	Bar Mitzvah	October 18, 2008
Matthew Neporent	Bar Mitzvah	December 27, 2010
Rachel Neporent	Bat Mitzvah	March 18, 2006
Jordan Pollack	Bar Mitzvah	February 11, 2006
Justin Pollack	Bar Mitzvah	November 24, 2007
Rachel Pollack	Bat Mitzvah	September 25, 2010
Samuel Hersch Poserow	Birth	August 5, 2010
Jake Elliot and Sam Leo Roschelle	Birth	April 27, 2000
Chad Schwam	Bar Mitzvah	March 19, 2011
Mallory Siegel	Bat Mitzvah	May 21, 2011
Matty Siegel	Bat Mitzvah	May 31, 2008
Eli Silverman	Bar Mitzvah	March 13, 2010
Max Silverman	Bar Mitzvah	December 8, 2007
Noah Silverman	Bar Mitzvah	April 27, 2013
Lydia and Neil Singer	25th Wedding Anniversary	August 17, 2011
Valerie Jana Smith	Birth	February 29, 1996
Victoria Grantier Smith	Birth	November 11, 1991
Bonni, Bill, Jonah, Annabel Stanley	Congregational Trip to Israel	2007
Ryan Starker	Bar Mitzvah	March 5, 2011
Amanda Tantleff	Bat Mitzvah	April 25, 2009
Tricia Winston	Making The Tree of Life A Reality	January 2011
Marni Wolchok	Bat Mitzvah	May 15, 2010
Sydney Wolchok	Bat Mitzvah	May 17, 2008
Cheryl Wunch	Two Years of Dedicated Service to Congregation B'nai Yisrael	June 2011

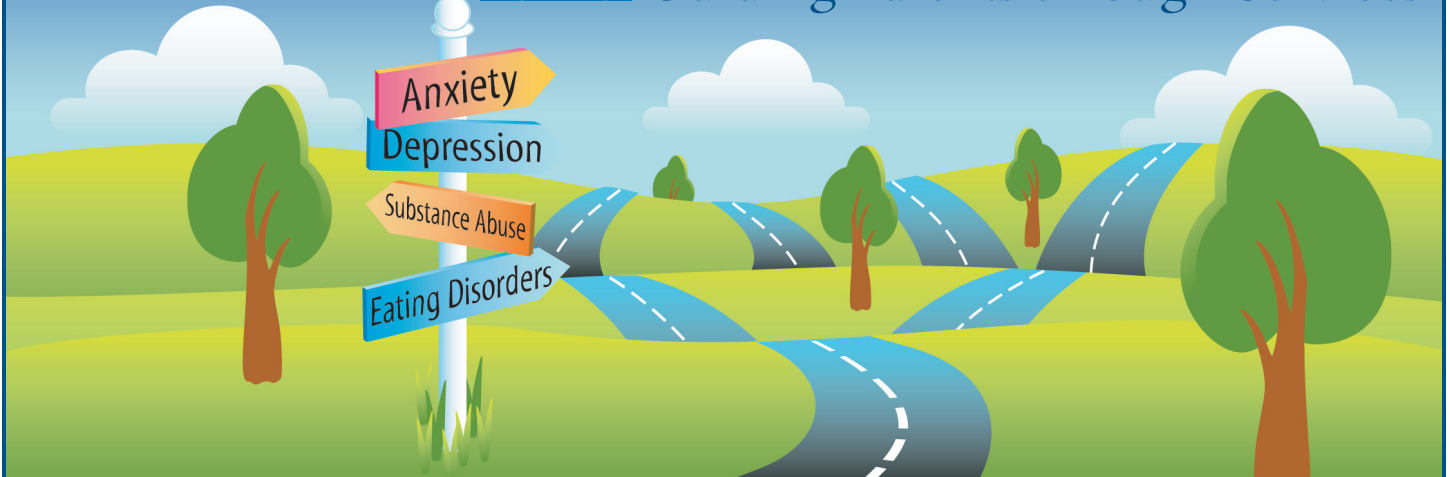
May 2011

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1 Kindergarten 9:30 a.m.	2	3 Board of Trustees 8:00 p.m.	4 Sandwich Generation Meeting 7:00 p.m. Adult Study: Mostly Psalms 8:00 p.m.	5	6 Rosh Chodesh Luncheon and Study Group 12:00 p.m. Family Shabbat 8:00 p.m.	7 Torah Study 9:00 a.m. Gray Levien bar mitzvah 10:00 a.m. Jake Cooper bar mitzvah 5:00 p.m.
8	9	10	11 Mah Jongg Luncheon 11:00 a.m. Text in the City 12:00 p.m. Adult Study: Mostly Psalms 8:00 p.m.	12	13 Early Service 6:30 p.m. Family Shabbat 8:00 p.m.	14 Torah Study 9:00 a.m.
15 1 st and 2 nd Grade Family Day 9:00-11:00 a.m.	16	17 Committee Meetings 8:00 p.m.	18 Adult Study: Mostly Psalms 8:00 p.m.	19	20 Family Shabbat 8:00 p.m.	21 Torah Study 9:00 a.m. Ryan Kovensky bar mitzvah 10:00 a.m. Mallory Siegel bat mitzvah 5:00 p.m.
22	23	24	25	26	27 Family Shabbat 8:00 p.m.	28 Torah Study 9:00 a.m. Eli Dworetzky bar mitzvah 10:00 a.m. Ben Miller bar mitzvah 5:00 p.m.
29	30 Memorial Day: Office Closed	31 Executive Committee 8:00 p.m.				

June 2011

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
			1 Sandwich Generation Meeting 7:00 p.m.	2	3 Rosh Chodesh Luncheon and Study Group 12:00 p.m. Family Shabbat 8:00 p.m.	4 Torah Study 9:00 a.m. Andrew Gevertz bar mitzvah 10:00 a.m. Brian Singer bar mitzvah 1:00 p.m.
5	6	7 Erev Shavuot Confirmation Service 8:00 p.m.	8 Shavuot: Office Closed	9 Annual Meeting 8:00 p.m.	10 Family Shabbat 8:00 p.m.	11 Torah Study 9:00 a.m. Zoe Kreutzer bat mitzvah 10:00 a.m. Jacob Rubino bar mitzvah 1:00 p.m. Zoe Tolz bat mitzvah 1:00 p.m.
12	13	14 Blood Drive 3:00 -9:00 p.m. Board of Trustees 8:00 p.m.	15	16	17 Family Shabbat: First Summer Service 8:00 p.m.	18
19	20	21 Committee Meetings 8:00 p.m.	22	23	24 Family Shabbat 8:00 p.m.	25
26	27	28 Executive Committee 8:00 p.m.	29	30		

UJA-Federation of New York's **Mental Health GPS** Guiding Parents through Services



Now there's knowledgeable assistance for your family if you have concerns about your child's mental and emotional well-being but don't know where to turn.

UJA-Federation of New York's Mental Health GPS offers compassionate, expert family resource specialists located at licensed mental-health agencies throughout the New York area.

This free consultative service is designed to assist families who have concerns about their child's or adolescent's (through college-age) mental-health issues, including:

- Behavioral or emotional problems at home or at school
- Anxiety or depression
- Substance abuse, eating disorders, or other self-destructive behaviors
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Family resource specialists can help lead the way.

UJA-Federation's Mental Health GPS helps direct families toward the best course of comprehensive services, such as:

- Public and private health practitioners
- Mentoring and school-based programs
- Community treatment programs
- Hospital-based support

With Mental Health GPS, you'll never feel alone.

Guiding you through the process of obtaining mental and emotional health services for your children, our family resource specialists serve as advocates and supportive voices by:

- Researching available resources
- Developing a personalized plan for your child and facilitating communication among care providers by working in partnership with the parents
- Providing referrals to specialists, treatment settings, and family support
- Informing you of your rights as a parent during this journey

For further information, connect with a Mental Health GPS family resource specialist.

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Karin Spitzer, LMSW
Jewish Board of Family
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1.212.632.4668

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Miriam Turk, LCSW, F-E-G-S
Health and Human Services
System: 1.646.483.7859

Manhattan, Staten Island, and the Bronx

Meredith Levine, LMSW
Jewish Board of Family
and Children's Services
1.212.632.4668

Westchester

Brenda Haas, LMSW, Ed.M.
Westchester Jewish
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1.914.761.0600 ext. 318

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			Jewish Identity Program Assistant	joanna@cbyarmonk.org

MAIN OFFICE SCHEDULE

Monday-Thursday	10:00 a.m. – 6:00 p.m.
Friday	10:00 a.m. – 1:00 p.m.

JEWISH IDENTITY DEVELOPMENT OFFICE SCHEDULE

Monday	10:00 a.m. – 6:00 p.m.
Tuesday	12:00 p.m. – 8:00 p.m.
Wednesday	11:30 p.m. – 8:00 p.m.
Thursday	10:00 a.m. – 6:00 p.m.
Sunday	9:00 a.m. – 1:00 p.m.

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